



WELCOME TO THE MONMOUTH COUNCIL OPEN HOUSE FOR THE PHILMONT 2002 EXPEDITION

The attached pages provide information and an application for the Monmouth Council Contingent trip to Philmont Scout Ranch in Cimarron, New Mexico that will be leaving on June 25, 2002 and will return on July 11, 2002. Please take a few minutes to go over the information before the meeting and presentations. All of the attached information will be discussed during the meeting so if you have any questions, please hold them to the end as I'm sure most, if not all of them, will be answered. As will be explained during the presentations, the cost of the trip is approximate as negotiations are still in progress for a number of the activities. The total cost of the trip is estimated to be approximately \$1100.00. The actual expenses will be reviewed in April 2002 to determine the last payment amount but it will more than likely be in the \$1100 range unless the cost of several activities can be reduced.

If you plan to sign up for the Philmont trip now, pages x, x and x must be completed and turned in when you make the initial deposit. Pages x and x must be completed and returned at the 1st Contingent Meeting on September 25th at Lawrence Training Center at Quail Hill Scout Camp. The meeting on Sept. 25th will begin promptly at 7:30PM. The Philmont Medical Form and the addendum need *NOT* be completed by a doctor at this time but should be completed with as much information as is known. Blank Philmont medical forms needed for the trip will be distributed about January 2002 for completion by a Doctor.

Depending on the number of Scouts who sign up for the trip through the 1st Contingent meeting, a waiting list may have to be set up as there are limitations because of the reservation already made with Philmont.

The Monmouth Council Philmont 2002 Committee is working very hard to prepare for this Scouting High Adventure. We hope that you will qualify to join us.

MONMOUTH COUNCIL
PHILMONT 2002 TRIP
COMMITTEE MEMBERS

First Name	Last Name	Address	City	ST	Zip	Home Tph	Unit	Dist.
Frank	Alvarez	5 Pittsfield Rd.	Howell	NJ	07731	367-3519	T258	BG
Jim	Arose	20 Stratton Dr.	Howell	NJ	07731	370-3378	T258	BG
Rich	Bascue	140 Robertsville Rd.	Freehold	NJ	07728	462-0417	T155	BG
Jim	Brown	6 Cottage Pl.	Freehold	NJ	07728	780-5472	T18	BG
Philip	Crichton	66 Desai Ct.	Freehold	NJ	07728	409-3820	T358	BG
Tony	Giunta	6 Stokes St.	Freehold	NJ	07728	780-6485	T155	BG
Larry	Goldman	14 Cambridge Rd.	Freehold	NJ	07728	780-5636	T155	BG
Rich	Goldman	54 Sunset Dr.	Howell	NJ	07731	458-7846	T358	BG
Larry	Goldsmith	45 Blackhawk Ct.	Holmdel	NJ	07733	441-3730	T131	TL
Bob	Golisch	115 Maple St.	Toms River	NJ	08753	505-9437	T258	BG
Paul	Gordaychik	8 Lincoln Pl.	Freehold	NJ	07728	462-4307	T358	BG
Bob	Greeley	9 Lefferts Ct.	Middletown	NJ	07748	671-7725	T242	TL
Gary	Marshall	27 Taunton Dr.	Howell	NJ	07731	363-0727	T258	BG
Bill	Mayer	PO Box 95	Perrineville	NJ	08535	446-4350	T116	BG
Harvey	Noschese	125 Ely Harmony Rd.	Freehold	NJ	07728	462-9834	T358	BG
Jose	Ortiz	25 Thousand Oaks Tr.	Howell	NJ	07731	363-4922	T258	BG
Fred	Pachman	25 Gerald Ave.	Red Bank	NJ	07701	530-7695	T32	TL
Tim	Rock	11 Springhill Dr.	Howell	NJ	07731	367-5751	T258	BG

Telephone area codes - all 732 except + = 609

Monmouth Council Advisor: Jodi Stark

PHILMONT OPEN HOUSE

SEPTEMBER 13, 2001

AGENDA

INTRODUCTIONS

VIDEOTAPE PRESENTATION

ITINERARY & DATES

PHILMONT PROGRAM

FINANCES

QUESTIONS & ANSWERS

RESERVATIONS

PHILMONT SCHEDULE

IMPORTANT DATES TO REMEMBER

- **September 25, 2001 - 1st Contingent Meeting
7:30 PM in Lawrence Lodge at Quail Hill Scout Reservation, Manalapan.**
- **October 12-14, 2001 - 1st Shakedown Hike**
- **April 12-14, 2002 2nd Shakedown Hike**
- **May 4 or May 11, 2002 Conservation Project**
- **June 26, 2002 Depart for Philmont**
- **July 11, 2002 Return from Philmont**

In addition to the above, Crew Meetings will be held frequently to provide information and get each crew ready for the Philmont Adventure.

ATTENDANCE MANDATORY AT ALL ACTIVITIES ABOVE

**MONMOUTH COUNCIL PHILMONT 2002 TENTATIVE ITINERARY
JUNE 26 TO JULY 11, 2002**

- 6/26/02
 - Leave Newark Airport
 - Fly to Denver or Colorado Springs
 - Meet Bus Co.
 - Dinner at Country Buffet
 - Overnight at Colorado Nat'l Guard Armory

- 6/27/02
 - Breakfast at Best Western Palmer House
 - Half-day Whitewater Rafting Trip
 - Lunch in Colorado Springs
 - Visit to Air Force Academy
 - Drive through Garden of the Gods
 - Dinner and Show at the "Flying W" Ranch
 - Overnight at Colorado Nat'l Guard Armory

- 6/28/02
 - Breakfast at Best Western Palmer House
 - Travel to Pikes Peak Cog Railway
 - Lunch in Colorado Springs
 - Travel to La Junta
 - Dinner, Indian Dance Show & overnight at Koshare Indian Kiva

- 6/29/02
 - Breakfast at Otero Junior College
 - Travel to Philmont
 - Arrive @ Philmont, meet Ranger & be assigned site in Tent City- Go to Logistics
 - Adult Physicals & Youth Medical review
 - Crew pictures
 - Equipment & food checkout
 - Visit Philmont Museum & Villa Philmonte
 - Personal equipment shakedown
 - Trading Post
 - Crew Advisors meeting & Crew Leaders meeting
 - Religious Services for all Contingent members
 - Opening Campfire

- 6/30/02
 - Breakfast at Tent City
 - Hit the trail
 - Ranger Training on the trail (Leave No Trace Camping, etc.)

- 7/01/00 to 7/09/00
 - 10 Full Days on Selected Trail Itinerary

- 7/10/00
 - Hike to Base Camp or Pick-up Point
 - Equipment Check-in, Mail Check, Laundry & Showers, Pick-up Pictures
 - Visit Philmont Museum & Villa Philmonte
 - Closing Campfire, Awards Ceremony
 - Trading Post & Patch Trading
 - Overnight at Tent City

- 7/11/00
 - Early AM - Break Camp - Breakfast
 - Bus to Colorado Springs
 - Lunch at Fargo's Pizza
 - Bus to Denver or Colorado Springs for flight to Newark Airport

PERSONAL EQUIPMENT FOR THE TRAIL	CHECK AND	DOUBLE CHECK
Packing		
*pack with padded hip strap (rental available)		
*pack cover - waterproof nylon		
*6 - 12 plastic bags - assorted sizes to pack clothes		
Sleeping		
*sleeping bag in stuff sack lined with a plastic bag		
sleep clothes - worn only in sleeping bag (T-shirt & gym shorts)		
*straps to hold sleeping bag on pack		
*foam or other form of sleeping pad		
*waterproof ground cloth, size of tent bottom - 1 per 2 people		
Clothing		
hiking boots - well broken in		
lightweight sneakers or tennis shoes		
*2 pairs heavy wool socks		
*3 pairs lighter inner socks (polypro)		
3 changes underwear		
*2 hiking shorts		
1 long sleeve shirt (wool or flannel)		
*1 long pants, light cotton (not heavy jeans)		
*2 short sleeve shirts (not nylon)		
*1 sweater or jacket (wool or polypro preferable)		
*1 hat or cap - flexible, with brim		
*1 sturdy rainsuit (A)		
*1 stocking cap (wool or polypro)		
*1 glove liners or mittens (wool or polypro)		
Eating		
deep bowl		
*cup (measuring style)		
*spoon		
*2 or 3 one qt. Water bottles (BB, A)		
Personal and Miscellaneous		
*small pocketknife (A)		
*matches and lighter in waterproof container (BB, A)		
*flashlight (small with new batteries & an extra set of batteries)		
*Philmont map (A)		
*compass - liquid-filled (A)		
*2 bandannas or handkerchiefs (BB)		
*whistle		
money (\$10 - \$20 in small bills)		
*lip balm (BB, A)		
*soap, biodegradable (BB)		
*toothbrush/toothpaste (BB)		
*small towel		
*sunscreen, at least 15 SPF (BB, S)		
*sunglasses		
Optional		
*camera and film (BB)		
watch, inexpensive		
*fishing equipment/licenses		
*postcard labels & stamps		
rubber bands (large for packing)		
insulated underwear (polypro)		
*foot powder if you need it (BB)		
*note pad and pen		
no radios/tape players/CBs. If you want to carry more weight, add another water bottle		
*insect repellent (BB, S)		
* <i>Philmont Fieldguide</i> (S)		
Code		
*Available at Philmont Trading Post		
(BB) - Packed together in plastic bag to be placed in bear bag at night		
(S) - Share with buddy		
(A) - Easily accessible		

Copied from the 1997 Guidebook to Adventure

PHILMONT PROGRAM FEATURES

THE PROGRAM FEATURES BELOW REPRESENT AN EXPLANATION OF THE FEATURES OF AN ACTIVITY. A NUMBER OF THE PROGRAMS ARE INCLUDED IN AN ITINERARY AND EACH ITINERARY IS CAREFULLY DEVELOPED TO GIVE EACH CREW THE MAXIMUM ENJOYMENT OF HIKING AND CAMPING IN THE HIGH MOUNTAINS OF THE SANGRE DE CRISTOS. EACH ITINERARY HAS A NUMBER OF STAFFED CAMPS WHERE MOST OF THE PROGRAM FEATURES ARE PROVIDED. ALTHOUGH PROGRAMS ARE NOT COMPULSORY, THEY ARE RECOMMENDED TO GET THE MOST BENEFIT FROM THE PHILMONT EXPERIENCE.

Adobe Casa

At Abreu you will become acquainted with the art of constructing southwestern architecture. After mixing a batch of adobe mud, using a special formula of clay, straw, water, and sand, you pack it into wooden forms to mold bricks. When the bricks have dried from the solar energy of the New Mexico sun, they are used for construction.

Archaeology

The Ponil country in the northern section is rich in the prehistoric background of the American Indian. Your crew can help reconstruct Philmont history while participating in this fascinating program and learning about Indians who inhabited this area.

An educated archaeologist and staff explain and supervise the program in the North Ponil Canyon. Activities may include assisting with excavations or preparing specimens and artifacts.

PLEASE NOTE: You can assist the archaeology program by being observant as you hike the trails. You may discover an artifact that will lead to further discoveries. Philmont's antiquities rightfully belong to Philmont and are most meaningful when left where found. Others can then share the benefit of your discovery. Please report all finds to one of the staff archaeologists at Indian Writings or to the Philmont Museum.

Black Powder

You will use powder, patch, ball, ranrod, and cap to actually load and shoot a .50 caliber muzzle-loading rifle. This exciting, historic program is offered at Black Mountain, Clear Creek and Miranda.

Blacksmithing

The ring of hammer striking iron echoes through the mountains around French Henry, Black Mountain, and Cypher's Mine camps. Here a staff blacksmith will acquaint you with a working forge, blower, leg vice and hardie, and an array of tongs used to grip red-hot iron. He will discuss and demonstrate techniques for firing the forge, working metal, and tempering the finished product.

Burro Packing

No animal is more closely associated with the colorful history of the Southwest than the burro. Burro packing methods are explained and demonstrated at Ponil and Miranda. Your tents and food may be packed on burros using a diamond hitch. Burros are available for use on the trail in the northern portion of the ranch, starting or ending at Ponil and Miranda. Burro traps (holding pens for overnight stops) are located at Ponil, Pueblano, and Miranda. Hay for feeding is provided at these camps. If your itinerary provides for packing burros, take advantage of this unique opportunity to pack them just as the miners once did.

Burro Racing

Thrills galore await you in catching, packing, and racing a burro in competition with other crews. At Harlan and Abreu this activity provides a memorable experience. In keeping with the southwestern spirit of the program, you will be instructed in preparing a special Mexican meal at Abreu.

Cantina

Ponil and Abreu offer the opportunity for a thirst-quenching root beer in a Mexican or Western-style cantina. You can buy a pitcher of root beer for your whole crew or a cup for yourself.

Conservation

Philmont offers opportunities for involvement, participation, and observation of conservation practices. Most conservation projects involve trail construction or repair, which is very important in controlling erosion.

Three hours of conservation work under the supervision of a Philmont Conservationist is expected of each camper to earn the Arrowhead Award. Ten hours of conservation work is a requirement for the 50-Miler Award. The 3 hours earned at Philmont can be applied — the other 7 may be acquired back home.

Philmont has a number of conservationists on its staff, each located strategically throughout the backcountry. Logistics will identify the best location for your crew to do your 3-hour project under the supervision of one of them who will help you qualify for both the Arrowhead Award and the partial on the 50-Miler Award.

Should your itinerary *not* provide for an area with a trail construction site, Logistics will identify an alternate project that can be done under the leadership of your advisor.

Continental Tie and Lumber Company

The exciting legend of the loggers with the Continental Tie and Lumber Company will come to life through the staff at Pueblano and Crater Lake. They will share their skills of spartree "pole" climbing and the use of wood tools and instruments. Competition in exciting logging events such as log toss, cross-cut sawing, and log tongs races will challenge your crew.

Environmental Awareness

Become acquainted with some of the western birds, wildflowers, mammals, lizards, snakes, and insects in this natural outdoor wonderland. Discover what wildlife passed through camp by observing tracks and other signs—view how plant and animal species change as you climb higher into the mountains, and learn why these changes occur—walk past the timberline and observe the life that survives the rigors of this high-altitude environment.

At Cimarroncito, Miner's Park, Ring Place, and Dean Cow, a program of environmental awareness will be given to help you know and understand Philmont's flora, fauna, geology, and life zones; and how you can be a part of maintaining the natural order of things so others that follow may enjoy them too.

Fly Tying and Fishing

The Rayado and Agua Fria streams in the south and Ponil stream in the north offer excellent trout fishing. Though not large, these trout are wary and exciting to catch. A little time and skill spent along these streams may yield you a delicious trout supper or breakfast. Fly rods may be checked out at Fish Camp, Phillips Junction, Abreu, and Ponil.

At Fish Camp a program counselor with material and equipment will show you how to tie your own trout flies. The thrill of catching a trout on a fly you have tied is hard to beat. Near Fish Camp and Abreu a catch and release program is in effect. If you don't know how to remove the hook from your fish or how to clean it, a program counselor will demonstrate the correct methods. Your crew may also participate in Philmont's fish habitat improvement project and satisfy a portion of your conservation requirements. A tour of Waite Phillips' fishing lodge, including a narrative of area history, is also offered. All fishermen are required to have a current New Mexico state fishing license (see page 13).

Geology

Philmont and the Bureau of Land Management have teamed up to provide an exciting and educational program of geology, mining technology and history at the sites where history comes alive—Baldy Camp and Cypher's Mine Camp.

Gold Mining and Panning

Gold is still found in almost all streams on Philmont, which was once the scene of lucrative gold-mining operations. Mine shafts, sluice boxes, and placer mines dot the mountainsides and valleys. If your itinerary takes you to Cypher's Mine or French Henry you will tour a real gold mine. Not working now, the mine is carefully shored so you can tour the mine tunnel. Bring your jacket and flashlight for the tour. Learn about adventures that were experienced during the fascinating and colorful past as determined miners sought their fortunes in these historic mountains. When you find some "color," ask one of the staff miners for some cellophane tape so you can take your discovery home to show others your success. Gold pans are available for you to use at Cypher's Mine, Baldy Camp, and French Henry.

Homesteading

At Crooked Creek and Rich Cabins your crew will visit a working homestead. The staff will help you learn early day skills such as railsplitting, shingle making, primitive farming, log structure construction and care of farmyard animals.

Jicarilla Apache Life

Apache Springs offers a unique program featuring the lifestyle of the Jicarilla Apache. You will see how the Jicarillas worked and played. A replica Jicarilla village has been erected for this program. Tepees are furnished with realistic fireplaces, back rests, robes, hides, and baskets for you to see.

Learn how to make arrowheads by knapping (chipping) rock with deer antlers. You may also grind corn using a mano and metate formed from smooth rocks. After that you can enjoy a "Jicarilla sauna" in a sweat lodge, followed by a dousing with cold water.

Mountain Biking

Enjoy one of America's fastest growing sports at Iris Park Camp as your crew takes a wilderness Mountain Bike Ride into the most remote areas of the beautiful Valle Vidal section of the Carson National Forest.

Mountain Livin'

This interpretive program is based upon skills utilized by the people who lived in this area years ago. Blacksmithing, candle making, fashioning furniture and utensils from native materials, and making soap are typical early homestead crafts you will learn and do. The only access to Black Mountain camp is on horse or foot; it is a perfect setting for this unique program.

Mountaineering

Although not a staff-sponsored program feature, mountaineering can be as fun and exciting as any. Restless adventurers seek challenges, comradeship, spectacular views, fields of delicate wildflowers, stimulating exercise, and solace by climbing high mountains. You can fulfill these urges at Philmont, where many challenging mountains await you. Mount Waite Phillips, nearly 12,000 feet high, towers over the beautiful southwest section of Philmont country. This peak is a rugged climb with fabulous views of Eagle Nest Lake, Wheeler Peak (highest mountain in New Mexico at 13,161 feet elevation) and most of Philmont.

"Old Baldy," named for its rocky, barren top, is a favorite climb for those who camp in the Baldy Camp vicinity. Dotted with old gold mines, Baldy is the highest peak on Philmont—12,441 feet. The view from its top is unobstructed and spectacular.

The Tooth of Time, the 9,003-foot high Philmont molar, rises abruptly 2,500 feet from the valley floor. A landmark along the old Santa Fe Trail, the Tooth will give you a memorable view of Philmont.

Big Red, Black Mountain, Hart Peak, Lookout Peak, Trail Peak, and many other peaks will test your stamina and give you breathtaking views of surrounding terrain.

Always carry water, rain gear, jacket and other essentials when mountaineering.

No Trace Camping

Wildland ethic depends upon attitude and awareness rather than on rules and regulations. While at Dan Beard you will have the opportunity to learn how to enjoy wildland with respect; to hike, camp, eat meals, and dispose of trash without leaving a scar or trace.

Philmont Campfires

Throughout the backcountry, various staffed camps conduct special evening campfires and programs.

Urraca, Pueblano, and Crater Lake campfires relate to tales of the Old West, logging, and the history of the land. Facts about the Beaubien-Miranda Land Grant come alive, and the influence of Waite Phillips and his gift of Philmont to the BSA provides for a special inspiration.

At Beaubien and Clark's Fork, the focus is on the Old West with its songs and stories and true cowboy atmosphere.

At Cypher's Mine the story of gold will become memorable as an interpreter relates the life and adventures of miners of yesteryear.

Conducting your own campfire can be equally stimulating, whether you are camping at Visto Grande, Wild Horse Park, New Dean, or another non-staffed camp. You and your friends will enjoy the camaraderie that radiates from the warmth of a Scouting campfire.

Rendezvous

Catch some of the flavor of a mountain man rendezvous while at Miranda. Find out why rendezvous were held and what went on. See demonstrations of the mountain man way of life and participate in some of these skills and contests such as "hawk" throwing and muzzle-loading rifle.

Ring Ranch

Visit the historic Ring family home at Ring Place Camp and learn about their way of life during the early years. Astronomy is featured each night. Gaze through a professional quality telescope to see the rings of Saturn, distant stars and moons.

Rock Climbing

This fascinating and challenging sport is a favorite of all Philmont campers. You'll scale a steep pitch and rappel down a sheer cliff. Philmont has carefully selected three areas to conduct this program where the rocks are safe and practical, but a distinct "Class Five" challenge.

Under the supervision of expert climbers, you will climb using your hands and feet while protected by rope, carabiners, and helmet. Safety is always stressed and practiced.

Rock climbing at Philmont is restricted to the three locations, Miner's Park, Cimarroncito, and Dean Cow, and is only done under the supervision of Philmont rock climbing staff.

Rocky Mountain Fur Company

At Clear Creek several veteran trappers of the Rocky Mountain Fur Company (portrayed by Philmont staff members) have established an outpost camp. Trapping was their way of life, however, it is not practiced at Philmont today. See traps like those they used to catch beaver, muskrat, raccoon, and bear. Hear about how they cured the hides and see trade goods which they used to purchase food and supplies.

Ropes and Challenges

A series of activities that will test the teamwork, skill, and resourcefulness of your crew awaits you at Dan Beard, Head of Dean and Urraca Camps. While the challenges can be met by every crew, the real contest is with yourself. Did you do your best? How would you do better next time?

.30-06 Rifle Shooting

This program offers a review of firearms and tips for successful and safe shooting. Wildlife conservation and game management are discussed.

Metallic silhouette targets provide a challenging experience at Sawmill's .30-06 rifle range. Each participant will reload and fire 3 rounds; additional rounds may be purchased at 3 for \$1.00.

12 Gauge Shotgun Shooting

Shooting trap takes skill, but with some instruction and practice you may find that you can hit clay birds. Each participant at Harlan will reload and fire 3 rounds; additional rounds may be purchased at 3 for \$1.00.

Western Lore

Philmont is an operating western cattle ranch. Cowboys still watch over cattle on horseback and drive them from their winter pasture on the plains to high mountain meadows for summer grazing. While you hike the trails, look for the white-face Hereford cattle. Though not wild, they are best observed from a distance. A cow with a calf may become dangerous if she feels her calf is threatened. To chase or attempt to rope these animals is foolish and can result in serious injury. Watch and photograph them if you wish.

An organized western lore program is offered at Beaubien, Ponil and Clark's Fork. Horse riding, campfires, and branding are all part of the western lore program. Philmont cowboys will tell you about New Mexico's cattle industry. Using authentic western lariats, they will show you how to rope. The cowboy's garb and equipment will be named and their uses explained. After a hearty chuck wagon dinner which you help prepare, you'll gather around a campfire under the western sky for an evening of songs, guitar playing, and stories of the Old West at Beaubien or Clark's Fork. Ponil campers may gather at the cantina. Ponil also features a chuck wagon breakfast.

Horse Rides

Philmont owns and maintains a remuda of 250 western horses with strings located at Beaubien, Clark's Fork, and Ponil. All three camps offer exhilarating mountain horse rides at 8 a.m. and 1 p.m. Be prompt for your scheduled ride. Reservations are made at Logistics Services on a first-come, first-served basis upon arrival at Philmont.

Philmont wranglers are courteous but strict. They make certain everyone stays in line and maintains the pace to avoid endangering members of your crew. Even skilled riders cannot be permitted to ride at a different pace or away from the group. Please cooperate with the wranglers by following instructions for a safe and enjoyable ride. For your personal safety you will wear a helmet, which will be provided. Ponchos and maps should not be taken since they may frighten the horses. Wear long trousers on your horse ride to protect your legs. Persons weighing over 200 pounds will not be permitted to ride.

Wilderness Medicine/Search and Rescue/GPS Technology

This exciting informative program at Seally Canyon Camp will enable your crew to "Be Prepared" to meet emergency first aid needs in a true wilderness environment. Every year many people become lost in the outdoors. Scouts are often called upon to help search for these people. Your crew will enjoy learning how to correctly conduct an organized search.

Special Trail Meals

The programs at Clark's Fork and Beaubien include a special chuck wagon dinner. A Mexican meal is included at Abreu. Ponil will feature a chuck wagon dinner and a special breakfast. Members of your crew will help prepare these meals.

Cast-iron dutch ovens can't be beat for good old-fashioned cooking, but they require some special care. Clean the oven by boiling water in it about 10 minutes. Scrape any remaining food particles with a flat wood chip—do not use scouring pads or anything metal because scratches can harm the oven. Heat it until dry, then grease the inside and lid lightly with shortening, wipe off any excess and replace the lid. Dutch ovens may be borrowed at most staffed camps.

**2000 HEALTH AND MEDICAL RECORD
(Meets BSA Class 3 Requirements)**

THE PHILMONT TREK EXPERIENCE

A Philmont trek is physically, mentally and emotionally demanding. Each person will carry a 35 to 50 lb. pack while hiking 5 to 12 miles per day in an isolated mountain wilderness, ranging from 6,500 to 12,500 feet in elevation. Climatic conditions include temperatures from 30 to 90 degrees F, low humidity (10-30%) and frequent, sometimes severe, afternoon thunderstorms. Activities include horseback riding, rock climbing and rappelling, challenge events, pole climbing, blackpowder shooting, 12 gauge trap shooting, .30-06 shooting, flint knapping, trail building, mountain biking and other activities that may have potential for injury. Philmont strives to minimize risks to participants and advisors by emphasizing proper safety precautions. Refer to the *Guidebook to Adventure*, which will be mailed in mid-March, for specific information. Philmont staff instruct participants in safety measures to be followed. Each participant and crew is expected to follow these safety measures and to accept responsibility for the health and safety of each of its members.

RECOMMENDATIONS REGARDING CHRONIC ILLNESSES

Philmont requires that this information be shared with the parent(s) or guardian(s) and examining physician of every participant. Philmont does not have facilities for extended care or treatment, therefore, participants who cannot meet these requirements will be sent home at their expense.

CARDIAC OR CARDIOVASCULAR DISEASE

Adults or youth who have had any of the following should undergo a thorough evaluation by a physician before considering participation at Philmont.

1. Angina (chest pain caused by heart or coronary artery disease)
2. Myocardial infarction (heart attack)
3. Surgery or angioplasty to treat coronary artery disease; surgery to treat congenital heart disease or other heart surgery
4. Stroke or transient ischemic attacks (TIA's)
5. Claudication (leg pain with exercise caused by hardening of the arteries)
6. Family history of heart disease or a family member who died unexpectedly before age 50
7. Diabetes
8. Smoking and/or Excessive Weight

The altitude at Philmont and the physical exertion involved may precipitate either a heart attack or stroke in susceptible persons. Participants with a history of any of the first seven (7) conditions listed above should have a physician supervised stress test. More extensive testing (e.g. nuclear stress test) is recommended for participants who have coronary heart disease. **Even if the stress test is normal, the results of testing done at lower elevations and without the backpacks carried at Philmont do not guarantee safety.** If the test results are abnormal, the individual is advised not to participate.

HYPERTENSION (HIGH BLOOD PRESSURE)

The combination of stress and altitude appears to cause significant increase in blood pressure in some individuals attending Philmont. Occasionally hypertension reaches such a level that it is no longer safe to engage in strenuous activity. Hypertension can increase the risk of having a stroke, developing altitude sickness, or angina. Persons coming to Philmont should have a normal blood pressure (less than 135/85). Persons with significant hypertension (greater than 150/95) should be treated before coming to Philmont, and should continue on medications while at Philmont. The goal of treatment should be to lower the blood pressure to normal. Persons with mild hypertension (greater than 135/85 but less than 150/95) probably require treatment as well. It is the experience of the Philmont medical staff that such individuals often develop significant hypertension when they arrive at Philmont. Participants already on antihypertensive therapy with normal blood pressures should continue on medications. Diuretic therapy to control hypertension is not recommended because of the risks of dehydration which exist with strenuous activity at high altitude and low humidity. Each participant who is 18 years of age or older will have his or her blood pressure checked at Philmont. Those individuals with a blood pressure consistently greater than 150/95 probably will be kept off the trail until the blood pressure decreases.

INSULIN DEPENDENT DIABETES MELLITUS

Exercise and the type of food eaten affect insulin requirements. Any individual with insulin-dependent diabetes mellitus should be able to monitor personal blood glucose and to know how to adjust insulin doses based on these factors. The diabetic person also should know how to give a self injection. Both the diabetic person and one other person in the group should be able to recognize indications of excessively high blood sugar (hyperglycemia or diabetic ketoacidosis) and to recognize indications of excessively low blood sugar (hypoglycemia). The diabetic person and one other individual should know the appropriate initial responses for these conditions. It is recommended that the diabetic person and one other individual carry insulin on the trek (in case of accident) and that a third vial be kept at the Health Lodge for backup. Insulin can be carried in a small thermos which can be resupplied with ice or cold water at most staffed camps.

A newly diagnosed insulin dependent diabetic (within last 6 months) should not attempt to participate in the strenuous activities encountered at Philmont. A diabetic person who has had frequent hospitalizations for diabetic ketoacidosis or who has had frequent problems with hypoglycemia should not participate in a trek at Philmont until better control of the diabetes has been achieved. Call Philmont at 505-376-2281 to obtain permission from the chief medical officer for individuals hospitalized within the past year.

EXCESSIVE BODY WEIGHT

Any youth or advisor who exceeds the maximum weight limits on the Philmont weight chart is at extreme risk for health problems. (See page 5)

SEIZURES (EPILEPSY)

A seizure disorder or epilepsy does not exclude an individual from participating at Philmont. However, the seizure disorder should be well controlled by medications. A minimum one year seizure-free period is considered to be adequate control. Exceptions to this guideline may be considered by Philmont's chief medical officer and will be based on the specific type of seizure and the likely risks to the individual and to other members of the crew. The medical staff at the Health Lodge may place some restrictions on activities (rock-climbing, horse riding, etc.) for those individuals who are approved for participation but whose seizures are incompletely controlled.

ASTHMA

Individuals must consult with a physician in order to establish control of their asthma. The asthma should be controlled to essentially normal lung function. This may be accomplished with the use of oral and/or inhaled bronchodilators and/or inhaled steroids. The patient should bring ample supplies of medication to Philmont. Individuals undergoing allergic desensitization therapy who require injections while at Philmont, should bring and store them in the Health Lodge on arrival.

Asthmatic individuals whose exercise-induced asthma cannot be prevented with bronchodilator premedication; individuals requiring systemic corticosteroid therapy; individuals who have required hospitalization or an emergency department visit in the last six (6) months for asthma should not attempt to participate in the strenuous activities encountered at Philmont. At least one other crew member should know how to recognize an asthma attack, how to recognize worsening of an attack, and how to administer bronchodilator therapy. Any person who has required medical treatment for asthma within the past six years must carry a full size prescribed inhaler if that person is approved to go on a trek. If an inhaler is not brought, it must be purchased at Philmont.

RECENT MUSCULOSKELETAL INJURIES AND ORTHOPEDIC SURGERY

Every Philmont participant will put a great deal of strain on feet, ankles, and knees. Participants who have had orthopedic surgery, including arthroscopic surgery or significant musculoskeletal injuries, within the past six (6) months, find it difficult or impossible to negotiate Philmont's steep rocky trails. To be cleared to backpack by the Philmont medical staff, individuals with significant musculoskeletal problems (including back problems) or recent orthopedic surgery must have a letter of clearance from their orthopedic surgeon or treating physician. A person with a cast on any extremity may participate only if approved by a Philmont physician. Ingrown toenails are a common problem and must be treated 30 days prior to arrival. All such problems will be reviewed by a Philmont physician to determine if participation in a trek will be permitted.

PSYCHOLOGICAL AND EMOTIONAL DIFFICULTIES

A psychological disorder does not necessarily exclude an individual from participation. Parents and advisors should be aware that a Philmont trek is not designed to assist participants to overcome psychological or emotional problems. Experience demonstrates that these problems frequently become magnified, not lessened, when a participant is subjected to the physical and mental challenges of a trek at high elevation, carrying a heavy backpack over steep, rocky trails. Any condition should be well controlled without the services of a mental health practitioner. Under no circumstance should medication be stopped immediately prior to a Philmont trek. Participants requiring medication must bring an appropriate supply. The nearest mental health support is three (3) hours from Philmont.

MEDICATIONS

Each participant at Philmont who has a condition requiring medication should bring an appropriate supply. The pharmacy at the Health Lodge is limited and the identical medications may not be available. In certain circumstances duplicate or even triplicate supplies of vital medications are appropriate. People with an allergy to bee, wasp or hornet sting must bring an EpiPen or equivalent with them to Philmont.

An individual should always contact the family physician first and call Philmont at 505-376-2281 if there is a question about the advisability of participation. Philmont's chief medical officer and other medical staff of the Health Lodge reserve the right to make medical decisions regarding the participation of individuals at Philmont.

DO NOT DETACH

2000 HEALTH AND MEDICAL RECORD
(Meets BSA Class 3 Requirements)

EXPEDITION # _____

Name _____ Social Security # _____ *Date of Birth _____ Age _____
Address _____ Grade Completed (youth only) _____
City _____ State _____ Zip _____ Phone # (____) _____
Council Name _____ Unit # _____ Religious Preference _____

*THE MINIMUM AGE/GRADE REQUIREMENT FOR ALL PARTICIPANTS OF PHILMONT HIGH ADVENTURE EXPEDITIONS IS 14 BY JANUARY 1 OF THE YEAR ATTENDING OR HAVE COMPLETED THE EIGHTH (8TH) GRADE PRIOR TO PARTICIPATION. YOU MUST COMPLY WITH THIS REQUIREMENT. PHILMONT CAN MAKE NO EXCEPTIONS.

PLEASE ATTACH PHOTOCOPY OF INSURANCE CARD. IF FAMILY HAS NO MEDICAL INSURANCE, STATE "NONE".
Family Medical Insurance Company _____ Policy # _____ Phone # (____) _____
Address of Insurance Company _____ City, State, Zip _____

In Case of Emergency, Notify:
Name _____ Relationship _____
Address _____
Home Phone # (____) _____ Business Phone # (____) _____
Alternate Contact _____ Phone # (____) _____

This health and medical record, including limitations indicated, is valid for participation in Scouting (unit activities, camping, local and national events) for 12 months after date completed by physician. Each participant is subject to a medical recheck at Philmont. Philmont recognizes the right of a Scout not to have immunizations, etc. because of religious beliefs, however, a statement signed by the parents is required, indicating that the Scout is free from contagious disease and is able to physically tolerate the altitude and terrain as described in this form. Write Philmont for a copy of the statement.

Philmont trail food is, by necessity, a high carbohydrate, high caloric diet. The trail food is high in wheat, milk products, sugar and corn syrup, and artificial coloring/flavoring. All dinner meals contain meat. If participant has a problem with the diet described above, contact Philmont for a copy of the trail menu and plan to send supplemental food. Philmont will deliver supplemental food to the appropriate pickup places.

PARTICIPANT HEALTH HISTORY

Are you now, or have you ever been treated for any of the following: (Answer "Yes" or "No")
Sinus trouble _____ Kidney disease _____ Earaches/infections _____ Abdominal problems _____ Rheumatic fever _____
Hay fever _____ Tuberculosis _____ Fainting spells _____ Epilepsy _____ Asthma _____
Heart trouble _____ Diabetes _____ Frequent diarrhea _____ For Women: menstrual problems _____
Any mental illness _____ Explain _____
Allergies or reactions to any medication _____ Allergy to bee, wasp or hornet stings _____
Have you had more than a brief minor illness (24 hrs or more), injury or emotional difficulty during the past year? _____
If so, what? _____
Operations, serious injuries or hospitalization with date(s), for any reason _____
Any restriction of activity for medical reasons? _____ Explain _____
Have you taken any medication for more than two (2) weeks in the past year? (What?, Why?) _____
Are you now taking medication or treatment? (Why?) _____

List current medications and dosages below:

Table with 2 columns: Medication, Dosage. Includes blank lines for entry.

PARENT'S/GUARDIAN'S AUTHORIZATION - REQUIRED FOR THOSE UNDER 18 YEARS OF AGE. I, the undersigned, have read and understand this entire form, including the sections entitled PHYSICIAN PLEASE NOTE, THE PHILMONT TREK EXPERIENCE, AND RECOMMENDATIONS REGARDING CHRONIC ILLNESSES. This health history of the applicant is accurate and complete, and the person herein described has permission to engage in all Philmont activities described, except as specifically noted on this form by me or the physician. If I cannot be reached in an emergency, I hereby give permission for medical personnel, or the adult advisor in charge, to treat, hospitalize, secure anesthesia or to order injection, surgery or other treatment for the person described herein. While at Philmont, Philmont's medical staff has permission to obtain all information connected with treatment by a physician, hospital or other treatment facility.

NOTE: BE SURE TO BRING MEDICATION NEEDED WHILE AT PHILMONT.

INFORMATION ABOVE IS ACCURATE AND COMPLETE TO THE BEST OF MY KNOWLEDGE

APPLICANT SIGNATURE REQUIRED

DATE

PARENT/GUARDIAN SIGNATURE REQUIRED IF APPLICANT UNDER 18 YRS OF AGE

DATE

DO NOT DETACH

MEDICAL EVALUATION

PHYSICIAN PLEASE NOTE

A. Philmont is a remote wilderness area where participants:

- * carry 35-50 lb backpack
- * hike 5-12 miles/day, for 10 days
- * hike at altitudes from 6,500 to 12,500 feet
- * are in very low humidity (10%-30%)
- * experience temperature ranges from 30 to 90 degrees F

B. Care for injuries or illness:

- * may take 6-12 hrs or longer for direct assessment and evacuation
- * may be delayed by thunderstorms or other natural problems

1. PHYSICAL EXAMINATION:

Height _____ Blood Pressure _____
 Weight _____ Maximum Weight for Height _____ (from chart, pg. 5)
An individual exceeding this limit will not be permitted to participate.

	Normal	Abnormal		Normal	Abnormal	Explain any abnormalities below:	
Eyes	[]	[]	Range of Mobility:			_____	
Ears	[]	[]		Knees both	[]	[]	_____
Nose	[]	[]		Ankle (both)	[]	[]	_____
Throat	[]	[]	Spine	[]	[]	_____	
Lungs	[]	[]	Other:	Yes	No	_____	
Heart	[]	[]		Contacts	[]	[]	_____
Abdomen	[]	[]		Dentues or	[]	[]	_____
Genitalia	[]	[]		Oral Braces			_____
Skin	[]	[]		Inguinal Hernia	[]	[]	_____
Emotional Adjustment	[]	[]				_____	

2. ALLERGIES: (To what agent, type of reaction, treatment) _____

3. IMMUNIZATION HISTORY: (Required) Adequate tetanus immunization must have been received within the last 10 years PRIOR to arrival at Philmont. Date of Last Inoculation _____
 Measles Inoculation [] Disease [] Unknown []

4. RECOMMENDATIONS AND/OR RESTRICTIONS

- A. I certify that I have, today, reviewed the health history and examined this person and find him/her physically fit to participate in the "Philmont Trek Experience" as outlined above and on page 3 of this form, including:
- Camping/Hiking _____ Yes _____ No Rock Climbing _____ Yes _____ No Backpacking _____ Yes _____ No
 Horseback Riding _____ Yes _____ No Mtn. Biking _____ Yes _____ No Other Athletic Activities _____ Yes _____ No
- B. Restrictions (if none, so state) _____

5. PHYSICIAN'S SIGNATURE: Physician licensed to practice medicine (MD, DO). An examination conducted by a certified physician's assistant, or a nurse practitioner will be recognized. (Please include name and phone # of sponsoring physician.)

To Health Care Provider: Do not certify individuals for participation who:

- Are overweight
- Have significant heart disease, asthma, hypertension
- Have had orthopedic surgery or major musculoskeletal problems
- Have incompletely controlled psychiatric disorders
- Are subject to anaphylaxis

Signature _____
 Address _____
 City, State, Zip _____
 Office Phone # (_____) _____
 Date _____

STAFF PHYSICIANS AT PHILMONT RESERVE THE RIGHT TO DENY THE PARTICIPATION OF ANY INDIVIDUAL ON THE BASIS OF A PHYSICAL EXAMINATION AND/OR THEIR MEDICAL HISTORY. ALL MEDICAL EVALUATION FORMS WILL BE CHECKED BY PHILMONT MEDICAL STAFF BEFORE A PARTICIPANT BEGINS A TREK. AREAS OF CONCERN INCLUDE, BUT ARE NOT LIMITED TO: HEART DISEASE, HIGH BLOOD PRESSURE, SEIZURE DISORDER, SICKLE CELL ANEMIA AND HEMOPHILIA, ASTHMA, DIABETES, RECENT ORTHOPEDIC SURGERY, AND EXCESSIVE WEIGHT. (Refer to pages 1, 2, 5 & 6 of this form.)

~~~~~ DO NOT WRITE BELOW THIS LINE - PHILMONT USE ONLY ~~~~~  
 REVIEW FOR CAMP OR SPECIAL ACTIVITY  
 SCREENED BY \_\_\_\_\_ DATE \_\_\_\_\_

RECHECK BY PHYSICIAN: \_\_\_\_\_ YES \_\_\_\_\_ NO REASON \_\_\_\_\_ BY \_\_\_\_\_ DATE \_\_\_\_\_

**MEDICATION FORM**

(one form per medication, may be copied as needed)

Expedition # \_\_\_\_\_ Unit # \_\_\_\_\_ Council \_\_\_\_\_  
 Camper's Name \_\_\_\_\_  
 Name of Parent or Guardian \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_  
 Doctor's Name \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_  
 Medication / Strength \_\_\_\_\_  
 Reason for medication \_\_\_\_\_

When was medication started? \_\_\_\_\_ Temporary \_\_\_\_\_ Permanent \_\_\_\_\_  
 Side Effects (reactions to food, dehydration, stress, iodine, other meds, decreased balance,  
 motor activity, concentration, drowsiness, lethargy, etc.) \_\_\_\_\_

List other important information about this medication since access to medical information or  
 facilities could be delayed 6-10 hours due to remote wilderness setting.

Special storage instructions \_\_\_\_\_

Expected action if medicine is not taken as directed \_\_\_\_\_

Total quantity needed \_\_\_\_\_

**Waiver:** This information is confidential and is provided to \_\_\_\_\_

ADVISORS NAME

for the express purpose of helping to ensure a healthy, safe camping experience for my child.  
 This form may be shared with medical personnel should the necessity arise. It will be returned to  
 me at the end of the trip.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

**PHOTOCOPY AS REQUIRED**

**PHILMONT MEDICAL FORM ADDENDUM FOR \_\_\_\_\_**

(Scout's Name)

**TO PARENT:**

Please complete the section below for additional medical information not on the Philmont Medical Record.

**Have you had or do you currently experience the following:**  
**(Answer "yes" or "no". If yes, provide details.)**

Suffer from nosebleeds and/or bleeding disorders \_\_\_\_\_

\_\_\_\_\_

Altitude Sickness \_\_\_\_\_

\_\_\_\_\_

Neurological Disorders \_\_\_\_\_

\_\_\_\_\_

Allergic to any medication, food, plant, animal, or insect toxin \_\_\_\_\_

\_\_\_\_\_

Convulsions \_\_\_\_\_

\_\_\_\_\_

Have difficulty with sleep walking \_\_\_\_\_

\_\_\_\_\_

Any condition that may require special care, medication, or diet \_\_\_\_\_

\_\_\_\_\_

Wear Contact Lenses or Hearing Aid: \_\_\_\_\_

Any other medical problem the Philmont Leaders should know about: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Date:** \_\_\_\_\_ **Parent/Guardian Signature:** \_\_\_\_\_

.....

## PHILMONT WEIGHT LIMITS FOR BACKPACKING & HIKING

Each participant in a Philmont trek must not exceed the maximum acceptable limit in the weight for height chart shown below. The right hand column shows the maximum acceptable weight for a person's height in order to participate in a Philmont trek. Those who fall within the limits are more likely to have an enjoyable trek and avoid incurring health risks. Every Philmont trek involves hiking with a 35-50 lb. backpack between 6,500 and 12,500 ft. elevations. Philmont recommends that participants carry a pack weighing no more than 25-30% of their body weight.

Participants 21 years and older who exceed the maximum acceptable weight limit for their height at the Philmont medical recheck, **will not** be permitted to backpack or hike in Philmont. For example, a person 5'10" cannot weigh more than 226 lbs. *The Philmont physicians will use their best professional judgment in determining participation in a Philmont trek by individuals under 21 years of age who exceed the maximum acceptable weight for height. Participants under 21 years of age are strongly encouraged to meet the weight limit for their height, and exceptions are not made automatically. Discussion in advance with Philmont regarding any exception to the weight limit for persons under 21 years of age is required.*

The maximum acceptable weight for individuals of any age 6' 7" or taller is 295 lbs. This limit is necessary due to limitations of rescue equipment and for the safety of Philmont personnel. The maximum weight for any participant in a Cavalcade Trek and for horserides is 200 lbs.

| HEIGHT      | RECOMMENDED WEIGHT (lbs.) | MAXIMUM ACCEPTANCE |
|-------------|---------------------------|--------------------|
| 5'0"        | 97 - 138                  | 166                |
| 5'1"        | 101-143                   | 172                |
| 5'2"        | 104-148                   | 178                |
| 5'3"        | 107-152                   | 183                |
| 5'4"        | 111-157                   | 189                |
| 5'5"        | 114-162                   | 195                |
| 5'6"        | 118-167                   | 201                |
| 5'7"        | 121-172                   | 207                |
| 5'8"        | 125-178                   | 214                |
| 5'9"        | 129-185                   | 220                |
| 5'10"       | 132-188                   | 226                |
| 5'11"       | 136-194                   | 233                |
| 6'0"        | 140-199                   | 239                |
| 6'1"        | 144-205                   | 246                |
| 6'2"        | 148-210                   | 252                |
| 6'3"        | 152-216                   | 260                |
| 6'4"        | 156-222                   | 267                |
| 6'5"        | 160-228                   | 274                |
| 6'6"        | 164-234                   | 281                |
| 6'7" & over | 170-240                   | 295                |

This table is based on the revised Dietary Guidelines for Americans from the U.S. Department of Agriculture and the Department of Health and Human Services.

## **RISK ADVISORY PHILMONT SCOUT RANCH**

Philmont has an excellent health and safety record with over 700,000 adults and young people having attended over the last 61 years. Philmont strives to minimize risks to participants and advisors by emphasizing proper safety precautions. Most participants in Philmont programs do not experience injuries because they are prepared, are conscious of risks, and take safety precautions. If you decide to attend Philmont, you should be physically fit, have proper clothing and equipment, be willing to follow instructions and work as a team with your crew and take responsibility for your own health and safety. For further information please thoroughly read the *Guidebook to Adventure* which will be mailed in mid-March. Like other wilderness areas, Philmont is not risk free and you should be prepared to listen to safety instructions carefully, follow directions and take appropriate steps to safeguard yourself and others.

Parents, guardians and potential participants in Philmont programs are advised that journeying to and from Philmont, and one's stay at Philmont, can involve exposure to accident, illness, and/or injury associated with a high elevation, physically demanding, high adventure program in a remote mountainous area. Campers may be exposed to occasional severe weather conditions such as lightning, hail, flash floods and heat. Other potential accidents include: injuries from tripping and falling, motor vehicle accidents, asthma and diabetes related incidents, heart attacks, heat exhaustion and falls from horses.

Philmont's trails are steep and rocky. Wild animals such as bears, rattlesnakes and mountain lions are native and usually present little danger if proper precautions are taken. Please refer to the *Guidebook to Adventure*, speak with previous Philmont participants, or call Philmont for further information concerning risks and measures which can be taken to avoid accidents.

Philmont has staff trained in first aid, CPR and accident prevention, and is prepared to assist in recognizing, reacting, and responding to accidents, injuries and illnesses. Each crew is also required to have at least one member trained in first aid and CPR. Medical and search and rescue services are provided by Philmont in response to an accident or emergency, however, response times can be affected by location, weather or other emergencies and could be delayed six (6) or more hours.





## **PHYSICAL PREPARATION FOR A PHILMONT TREK**

To enjoy the Philmont experience participants must be physically prepared to carry a 35 - 50 lb. pack over steep, rocky trails at elevations ranging from 6,500 to 12,500 feet. A regular program of physical conditioning for at least three to six months prior to taking a trek is essential. A longer period is required for those unaccustomed to physical exercise.

The first step is to get a physical examination from your physician. Use the forms provided by Philmont which will be mailed in December. Complete the health history on page 3 and schedule a physical exam.

Staff physicians at Philmont reserve the right to deny access to the trails to any adult or youth on the basis of the physical recheck at Philmont. All medical evaluation forms will be checked by Philmont medical staff.

Areas of concern include, but are not limited to: heart disease, seizure disorder, sickle cell anemia and hemophilia. Blood pressure without medication must be less than 150/95 for any participant to be permitted to hike on Philmont. If there are any doubts after the individual has had a physical examination, contact Philmont

A program of regular aerobic exercise is highly recommended to become physically conditioned for Philmont. Plan to exercise for 30 to 60 minutes 3 to 5 times a week.

Jogging, running uphill, long flights of stairs or walking along abandoned railroad tracks, and hiking with a full pack are excellent preparation. How fast you run or how far you go is not nearly so important as regular exercise. Other aerobic exercises such as swimming, bicycling, stationary cycling and aerobic exercise classes can supplement your training. Start slowly and gradually increase the duration and intensity of your exercises. Start a journal to record your progress. If anyone has questions have them contact their family physician or exercise physiologist.

Backpacking is the best way to prepare for a Philmont trek. It is highly recommended that everyone in a Philmont crew fulfill the requirements for Backpacking Merit Badge. These include three 15 mile treks with two overnights each and one 5 day backpacking trek covering at least 30 miles. Fulfilling these requirements will enable you to enjoy a Philmont trek. The Venture Backpacking pamphlet also has excellent tips for preparing for a Philmont trek. Be Prepared!

Select a hilly area for your training. Start with a short hike and a light pack. Increase the mileage and your pack weight as your training progresses. It is important to hike often enough while carrying a pack and wearing the boots which you will use at Philmont to toughen your feet and to break in your boots.

Ninety percent of the crews that participated in 1999 indicated on their evaluation forms that additional physical training by all members of their crew would have been helpful.

## **SPECIAL FOOD NEEDS FOR ALLERGIC OR RELIGIOUS REASONS**

Philmont trail food is, by necessity, a high-carbohydrate, high-caloric diet. It is high in wheat, milk products, sugar and corn syrup, and artificial coloring/flavoring. If an individual is allergic to some food products or requires a special diet, suitable trail food must be purchased at home and brought by that individual to Philmont.

Package each day's meals separately and write the person's name and expedition number on each package. Upon arrival at the ranch, give the food to your Ranger who will take it to Logistics. Arrangements will be made to transport it to the appropriate backcountry commissaries for your crew. There is no fee reduction for individuals who bring their own food.

Appropriate substitutions can be arranged for food served in the dining hall by speaking with the dining hall manager prior to arrival at Philmont.

Philmont asks that food substitutions be only for medical (including allergies) or religious reasons. Your cooperation is appreciated. If there is any question about food substitutions, please contact Philmont by telephone (505-376-2281) or in writing.

## WHAT IS BEING PROVIDED FOR \$1100

### Contingent fee includes:

Round Trip Airfare from Newark to Denver/Colorado Springs  
Ground Transportation from Denver/Colorado Springs to Philmont & return  
All meals prior to, after and while at Philmont  
Cog Railway to the top of Pikes Peak  
Whitewater Rafting down the Arkansas River  
Air Force Academy  
Flying "W" Ranch - Dinner & Show  
Overnight stays prior to arriving at Philmont  
Koshare Indian Show (if scheduled) and Museum  
Overnight stay at the Koshare Indian Kiva  
Philmont fee  
2 Contingent T-Shirts, 1 Baseball Hat and 1 Philmont Patch  
Crew Picture  
Other fees (i.e., extra white gas, crew maps, etc.)

### Contingent fee does not include:

Transportation for Conservation Weekend  
Transportation for Shakedown weekends (\$10.00 per Scout - Ride or not)  
Spending money  
Personal gear  
Any crew equipment needed  
Transportation to and from Newark Airport

-----

### Philmont Payment Schedule

| <i>Due Date</i>    | <i>Payment</i> |
|--------------------|----------------|
| September 13, 2001 | \$225.00       |
| November 1, 2001   | \$125.00       |
| December 1, 2001   | \$125.00       |
| January 1, 2002    | \$125.00       |
| February 1, 2002   | \$125.00       |
| March 1, 2002      | \$125.00       |
| April 1, 2002      | \$125.00       |
| May 1, 2002        | \$125.00       |

All payments should be made payable by check to:  
"Monmouth Council - Boy Scouts of America"  
and should be provided to the Crew Advisor for your son's crew each month.  
(other than the initial payment at the Open House).

Please be sure to annotate your check: **"Philmont 2002 Expedition"**

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**Fundraising is encouraged by each crew to reduce the cost of the trip for all crew members.**

**PHILMONT 2000 EXPEDITION REGISTRATION FORM**

\_\_\_\_\_  
 (Last Name) (First Name) (Middle Name)

\_\_\_\_\_  
 (Address) (City) (State) (Zip Code)

Home Phone Number: \_\_\_\_\_ Religious Preference: \_\_\_\_\_

In case of Emergency, please notify: \_\_\_\_\_

Emergency Phone number \_\_\_\_\_

Alternate emergency contact: \_\_\_\_\_

Alternate Phone number: \_\_\_\_\_

REFUND POLICY: If a scout registers for the Philmont 2000 Expedition and then finds that he cannot attend, a full refund will be made only if there is an alternate to take his place. In the event there is no alternate, a partial refund may be made. This includes the total fees paid to date, **LESS** any expenses related to contractual agreements made for which a refund cannot be obtained. In addition, any expenses incurred for pre-Philmont activities will be reflected as a reduction to the refund. The total fee is conditional on registering a sufficient number of campers to cover fixed costs. Refunds will be processed by November 30th or as soon as possible.

**TENTATIVE PAYMENT SCHEDULE**

|         |          |        |          |        |          |
|---------|----------|--------|----------|--------|----------|
| Sep. 13 | \$225.00 | Jan. 1 | \$125.00 | Apr. 1 | \$125.00 |
| Nov. 1  | \$125.00 | Feb. 1 | \$125.00 | May. 1 | \$125.00 |
| Dec. 1  | \$125.00 | Mar. 1 | \$125.00 |        |          |

PARENTS' OR GUARDIANS' APPROVAL: I am willing and desirous that my child be a member of the Monmouth Council Philmont Expedition. If accepted, I will see that he is given the required medical examination and will obtain a doctor's certificate stating that my son is physically able to undertake this trip and also stating that the doctor is aware the trip will include trail hiking at an altitude range of 7,000 to 12,000 feet. In the event that I cannot be reached in a medical emergency, nor can the person who is listed at the emergency phone, I hereby give permission to the physician selected by the adult leader in charge to provide the necessary medical treatment, including hospitalization, securing proper anesthesia, or ordering injection or surgery, for the scout named above.

I understand and agree to all of the above conditions.

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

\_\_\_\_\_

On this 13th day of September, in the year 2001, before

me personally came \_\_\_\_\_ to me known, who, being by me duly sworn, did dispose that

he/she is the Parent/Guardian of \_\_\_\_\_ and say that he resides in New Jersey; and that name Parent/Guardian was signed hereto by like order.

\_\_\_\_\_  
 Notary Public

Notary Public of New Jersey

My Commission Expires \_\_\_\_\_

**THIS FORM MUST BE NOTARIZED**

# Payment and Refund Policies

## Payment Schedule

| <u>Due Date</u>    | <u>Payment</u> |                                                                                                                                                                                                                                                                                                                                                                                        |
|--------------------|----------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| September 13, 2001 | \$225.00       | <ul style="list-style-type: none"> <li>▪ All payments should be made payable by check to: "Monmouth Council - BSA"</li> <li>▪ Payment should be provided to the Crew Advisor for your Scout's crew each month (after initial payment at the Open House).</li> <li>▪ Please be sure to annotate your check: "<b>Philmont 2002 Expedition</b>" and include your Scout's name.</li> </ul> |
| November 1, 2001   | \$125.00       |                                                                                                                                                                                                                                                                                                                                                                                        |
| December 1, 2001   | \$125.00       |                                                                                                                                                                                                                                                                                                                                                                                        |
| January 1, 2002    | \$125.00       |                                                                                                                                                                                                                                                                                                                                                                                        |
| February 1, 2002   | \$125.00       |                                                                                                                                                                                                                                                                                                                                                                                        |
| March 1, 2002      | \$125.00       |                                                                                                                                                                                                                                                                                                                                                                                        |
| April 1, 2002      | \$125.00       |                                                                                                                                                                                                                                                                                                                                                                                        |
| May 1, 2002        | \$125.00       |                                                                                                                                                                                                                                                                                                                                                                                        |

## Payment Policy

In the event that a Scout's payments are more that 45 days behind or the total amount paid is less than No Replacement Available Non-Refundable amount shown below, the Contingent reserves the right to drop the Scout from the Contingent if payment is not brought up-to-date with 48 hours after notification to the parents. In the event of payment difficulties, you should discuss the situation with your Scout's Adult Advisor.

## Refund Policy

If a Scout registers for the Philmont 2002 Expedition and then finds that they cannot attend, a full refund will be made only if there is an alternate to take his place. In the event there is no alternate, a partial refund may be made. This includes the total fees paid to date, **LESS** any expenses related to contractual agreements made for which a refund cannot be obtained. In addition, any expenses incurred for pre-Philmont activities will be reflected as a reduction to the refund. The total fee is conditional on registering a sufficient number of campers to cover fixed costs. Refunds will not be processed until after the Trek is completed in July 2002 with the expectation that they will be paid during the fall of 2002.

## Estimated Fee Liability

The following table lists the **estimated** schedule of fee liabilities based upon the date the Council Office and the Contingent Leader receive **written** notification of a Scout's withdrawal from the Contingent. This table will be adjusted to reflect actual commitments of revenue.

| Last Notification Date       | Total Non-Refundable Amount |                          | Comment                                    |
|------------------------------|-----------------------------|--------------------------|--------------------------------------------|
|                              | Replacement Available       | No Replacement Available |                                            |
|                              | \$25                        | \$25                     |                                            |
| 9/25/2001                    | \$25                        | \$75                     | Philmont Deposit                           |
| 10/15/2001                   | \$40                        | \$275                    | Philmont 2 <sup>nd</sup> Payment/Shakedown |
| 1/15/2002                    | \$40                        | \$325                    | Airfare Deposit                            |
| 3/15/2002                    | \$40                        | \$510                    | Philmont Final Payment                     |
| 4/1/2002                     | \$60                        | \$535                    | Shakedown/Patches                          |
| 5/1/2002                     | \$75                        | \$560                    | Reservations                               |
| 6/1/2002                     | \$90                        | \$585                    | Reservations                               |
| After airline tickets issued | \$450                       | \$900                    | Non-refundable airfare                     |

# Registration Forms Package

## Instructions:

There are 3 sheets (6 pages) of required forms after this sheet that need to be filled out and turned in.

1. The Preliminary Medical Record with Addendum must be filled out and signed by the Parent or Guardian at the Contingent Meeting on September 25, 2001. **A Doctor's Signature is NOT required!**
2. The Registration Form must be filled out completely, notarized, and accompanied by the initial fee payment of \$225 by check made payable to "Monmouth Council BSA" with the Scout's Name and "Philmont 2002" noted on the check. **A Scout is considered to be registered until this step is completed.**
3. The Scout Questionnaire and Information for First Shakedown must be turned in with the Registration Form. You will have the opportunity to update the Information for First Shakedown form at the Contingent Meeting on September 25, 2001.



2000 HEALTH AND MEDICAL RECORD
(Meets BSA Class 3 Requirements)

EXPEDITION # \_\_\_\_\_

Name \_\_\_\_\_ Social Security # \_\_\_\_\_ \*Date of Birth \_\_\_\_\_ Age \_\_\_\_\_
Address \_\_\_\_\_ Grade Completed (youth only) \_\_\_\_\_
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone # (\_\_\_\_) \_\_\_\_\_
Council Name \_\_\_\_\_ Unit # \_\_\_\_\_ Religious Preference \_\_\_\_\_

\*THE MINIMUM AGE/GRADE REQUIREMENT FOR ALL PARTICIPANTS OF PHILMONT HIGH ADVENTURE EXPEDITIONS IS 14 BY JANUARY 1 OF THE YEAR ATTENDING OR HAVE COMPLETED THE EIGHTH (8TH) GRADE PRIOR TO PARTICIPATION. YOU MUST COMPLY WITH THIS REQUIREMENT. PHILMONT CAN MAKE NO EXCEPTIONS.

PLEASE ATTACH PHOTOCOPY OF INSURANCE CARD. IF FAMILY HAS NO MEDICAL INSURANCE, STATE "NONE".
Family Medical Insurance Company \_\_\_\_\_ Policy # \_\_\_\_\_ Phone # (\_\_\_\_) \_\_\_\_\_
Address of Insurance Company \_\_\_\_\_ City, State, Zip \_\_\_\_\_

In Case of Emergency, Notify:
Name \_\_\_\_\_ Relationship \_\_\_\_\_
Address \_\_\_\_\_
Home Phone # (\_\_\_\_) \_\_\_\_\_ Business Phone # (\_\_\_\_) \_\_\_\_\_
Alternate Contact \_\_\_\_\_ Phone # (\_\_\_\_) \_\_\_\_\_

This health and medical record, including limitations indicated, is valid for participation in Scouting (unit activities, camping, local and national events) for 12 months after date completed by physician. Each participant is subject to a medical recheck at Philmont. Philmont recognizes the right of a Scout not to have immunizations, etc. because of religious beliefs, however, a statement signed by the parents is required, indicating that the Scout is free from contagious disease and is able to physically tolerate the altitude and terrain as described in this form. Write Philmont for a copy of the statement.

Philmont trail food is, by necessity, a high carbohydrate, high caloric diet. The trail food is high in wheat, milk products, sugar and corn syrup, and artificial coloring/flavoring. All dinner meals contain meat. If participant has a problem with the diet described above, contact Philmont for a copy of the trail menu and plan to send supplemental food. Philmont will deliver supplemental food to the appropriate pickup places.

PARTICIPANT HEALTH HISTORY

Are you now, or have you ever been treated for any of the following: (Answer "Yes" or "No")
Sinus trouble \_\_\_\_\_ Kidney disease \_\_\_\_\_ Earaches/infections \_\_\_\_\_ Abdominal problems \_\_\_\_\_ Rheumatic fever \_\_\_\_\_
Hay fever \_\_\_\_\_ Tuberculosis \_\_\_\_\_ Fainting spells \_\_\_\_\_ Epilepsy \_\_\_\_\_ Asthma \_\_\_\_\_
Heart trouble \_\_\_\_\_ Diabetes \_\_\_\_\_ Frequent diarrhea \_\_\_\_\_ For Women: menstrual problems \_\_\_\_\_
Any mental illness \_\_\_\_\_ Explain \_\_\_\_\_
Allergies or reactions to any medication \_\_\_\_\_ Allergy to bee, wasp or hornet stings \_\_\_\_\_
Have you had more than a brief minor illness (24 hrs or more), injury or emotional difficulty during the past year? \_\_\_\_\_
If so, what? \_\_\_\_\_
Operations, serious injuries or hospitalization with date(s), for any reason \_\_\_\_\_
Any restriction of activity for medical reasons? \_\_\_\_\_ Explain \_\_\_\_\_
Have you taken any medication for more than two (2) weeks in the past year? (What?, Why?) \_\_\_\_\_
Are you now taking medication or treatment? (Why?) \_\_\_\_\_

List current medications and dosages below:

Table with 2 columns: Medication, Dosage. Includes blank lines for entry.

PARENT'S/GUARDIAN'S AUTHORIZATION - REQUIRED FOR THOSE UNDER 18 YEARS OF AGE. I, the undersigned, have read and understand this entire form, including the sections entitled PHYSICIAN PLEASE NOTE, THE PHILMONT TREK EXPERIENCE, AND RECOMMENDATIONS REGARDING CHRONIC ILLNESSES. This health history of the applicant is accurate and complete, and the person herein described has permission to engage in all Philmont activities described, except as specifically noted on this form by me or the physician. If I cannot be reached in an emergency, I hereby give permission for medical personnel, or the adult advisor in charge, to treat, hospitalize, secure anesthesia or to order injection, surgery or other treatment for the person described herein. While at Philmont, Philmont's medical staff has permission to obtain all information connected with treatment by a physician, hospital or other treatment facility.

NOTE: BE SURE TO BRING MEDICATION NEEDED WHILE AT PHILMONT.

INFORMATION ABOVE IS ACCURATE AND COMPLETE TO THE BEST OF MY KNOWLEDGE

APPLICANT SIGNATURE REQUIRED

DATE

PARENT/GUARDIAN SIGNATURE REQUIRED IF APPLICANT UNDER 18 YRS OF AGE

DATE

DO NOT DETACH

**PHILMONT MEDICAL FORM ADDENDUM FOR \_\_\_\_\_**

(Scout's Name)

**TO PARENT:**

Please complete the section below for additional medical information not on the Philmont Medical Record.

**Have you had or do you currently experience the following:**  
**(Answer "yes" or "no". If yes, provide details.)**

Suffer from nosebleeds and/or bleeding disorders \_\_\_\_\_

\_\_\_\_\_

Altitude Sickness \_\_\_\_\_

\_\_\_\_\_

Neurological Disorders \_\_\_\_\_

\_\_\_\_\_

Allergic to any medication, food, plant, animal, or insect toxin \_\_\_\_\_

\_\_\_\_\_

Convulsions \_\_\_\_\_

\_\_\_\_\_

Have difficulty with sleep walking \_\_\_\_\_

\_\_\_\_\_

Any condition that may require special care, medication, or diet \_\_\_\_\_

\_\_\_\_\_

Wear Contact Lenses or Hearing Aid: \_\_\_\_\_

Any other medical problem the Philmont Leaders should know about: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Date:** \_\_\_\_\_ **Parent/Guardian Signature:** \_\_\_\_\_

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**PHILMONT 2000 EXPEDITION REGISTRATION FORM**

\_\_\_\_\_  
 (Last Name) (First Name) (Middle Name)

\_\_\_\_\_  
 (Address) (City) (State) (Zip Code)

Home Phone Number: \_\_\_\_\_ Religious Preference: \_\_\_\_\_

In case of Emergency, please notify: \_\_\_\_\_

Emergency Phone number \_\_\_\_\_

Alternate emergency contact: \_\_\_\_\_

Alternate Phone number: \_\_\_\_\_

REFUND POLICY: If a scout registers for the Philmont 2000 Expedition and then finds that he cannot attend, a full refund will be made only if there is an alternate to take his place. In the event there is no alternate, a partial refund may be made. This includes the total fees paid to date, **LESS** any expenses related to contractual agreements made for which a refund cannot be obtained. In addition, any expenses incurred for pre-Philmont activities will be reflected as a reduction to the refund. The total fee is conditional on registering a sufficient number of campers to cover fixed costs. Refunds will be processed by November 30th or as soon as possible.

**TENTATIVE PAYMENT SCHEDULE**

|         |          |        |          |        |          |
|---------|----------|--------|----------|--------|----------|
| Sep. 13 | \$225.00 | Jan. 1 | \$125.00 | Apr. 1 | \$125.00 |
| Nov. 1  | \$125.00 | Feb. 1 | \$125.00 | May. 1 | \$125.00 |
| Dec. 1  | \$125.00 | Mar. 1 | \$125.00 |        |          |

PARENTS' OR GUARDIANS' APPROVAL: I am willing and desirous that my child be a member of the Monmouth Council Philmont Expedition. If accepted, I will see that he is given the required medical examination and will obtain a doctor's certificate stating that my son is physically able to undertake this trip and also stating that the doctor is aware the trip will include trail hiking at an altitude range of 7,000 to 12,000 feet. In the event that I cannot be reached in a medical emergency, nor can the person who is listed at the emergency phone, I hereby give permission to the physician selected by the adult leader in charge to provide the necessary medical treatment, including hospitalization, securing proper anesthesia, or ordering injection or surgery, for the scout named above.

I understand and agree to all of the above conditions.

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

\_\_\_\_\_

On this 13th day of September, in the year 2001, before

me personally came \_\_\_\_\_ to me known, who, being by me duly sworn, did dispose that

he/she is the Parent/Guardian of \_\_\_\_\_ and say that he resides in New Jersey; and that name Parent/Guardian was signed hereto by like order.

\_\_\_\_\_  
 Notary Public

Notary Public of New Jersey

My Commission Expires \_\_\_\_\_

**THIS FORM MUST BE NOTARIZED**

# Payment and Refund Policies

## Payment Schedule

| <u>Due Date</u>    | <u>Payment</u> |                                                                                                                                                                                                                                                                                                                                                                                        |
|--------------------|----------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| September 13, 2001 | \$225.00       | <ul style="list-style-type: none"> <li>▪ All payments should be made payable by check to: "Monmouth Council - BSA"</li> <li>▪ Payment should be provided to the Crew Advisor for your Scout's crew each month (after initial payment at the Open House).</li> <li>▪ Please be sure to annotate your check: "<b>Philmont 2002 Expedition</b>" and include your Scout's name.</li> </ul> |
| November 1, 2001   | \$125.00       |                                                                                                                                                                                                                                                                                                                                                                                        |
| December 1, 2001   | \$125.00       |                                                                                                                                                                                                                                                                                                                                                                                        |
| January 1, 2002    | \$125.00       |                                                                                                                                                                                                                                                                                                                                                                                        |
| February 1, 2002   | \$125.00       |                                                                                                                                                                                                                                                                                                                                                                                        |
| March 1, 2002      | \$125.00       |                                                                                                                                                                                                                                                                                                                                                                                        |
| April 1, 2002      | \$125.00       |                                                                                                                                                                                                                                                                                                                                                                                        |
| May 1, 2002        | \$125.00       |                                                                                                                                                                                                                                                                                                                                                                                        |

## Payment Policy

In the event that a Scout's payments are more that 45 days behind or the total amount paid is less than No Replacement Available Non-Refundable amount shown below, the Contingent reserves the right to drop the Scout from the Contingent if payment is not brought up-to-date with 48 hours after notification to the parents. In the event of payment difficulties, you should discuss the situation with your Scout's Adult Advisor.

## Refund Policy

If a Scout registers for the Philmont 2002 Expedition and then finds that they cannot attend, a full refund will be made only if there is an alternate to take his place. In the event there is no alternate, a partial refund may be made. This includes the total fees paid to date, **LESS** any expenses related to contractual agreements made for which a refund cannot be obtained. In addition, any expenses incurred for pre-Philmont activities will be reflected as a reduction to the refund. The total fee is conditional on registering a sufficient number of campers to cover fixed costs. Refunds will not be processed until after the Trek is completed in July 2002 with the expectation that they will be paid during the fall of 2002.

## Estimated Fee Liability

The following table lists the **estimated** schedule of fee liabilities based upon the date the Council Office and the Contingent Leader receive **written** notification of a Scout's withdrawal from the Contingent. This table will be adjusted to reflect actual commitments of revenue.

| Last Notification Date       | Total Non-Refundable Amount |                          | Comment                                    |
|------------------------------|-----------------------------|--------------------------|--------------------------------------------|
|                              | Replacement Available       | No Replacement Available |                                            |
|                              | \$25                        | \$25                     |                                            |
| 9/25/2001                    | \$25                        | \$75                     | Philmont Deposit                           |
| 10/15/2001                   | \$40                        | \$275                    | Philmont 2 <sup>nd</sup> Payment/Shakedown |
| 1/15/2002                    | \$40                        | \$325                    | Airfare Deposit                            |
| 3/15/2002                    | \$40                        | \$510                    | Philmont Final Payment                     |
| 4/1/2002                     | \$60                        | \$535                    | Shakedown/Patches                          |
| 5/1/2002                     | \$75                        | \$560                    | Reservations                               |
| 6/1/2002                     | \$90                        | \$585                    | Reservations                               |
| After airline tickets issued | \$450                       | \$900                    | Non-refundable airfare                     |

# Philmont Scout Questionnaire

Please provide the following information:

Scout's Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Home Phone No: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Current Rank: \_\_\_\_\_ Council: \_\_\_\_\_ District \_\_\_\_\_

Unit Number(Troop/Post) \_\_\_\_\_ Unit Leader's Name: \_\_\_\_\_

## Leadership Record

List the leadership positions you have held (include dates):

\_\_\_\_\_  
\_\_\_\_\_

## Advancement Record

Check off which of the following merit badges you have earned:

Camping \_\_\_\_\_ Cooking \_\_\_\_\_ Backpacking \_\_\_\_\_ Hiking \_\_\_\_\_

If you have served on any camp or leadership training staffs, please list them below (include dates):

\_\_\_\_\_  
\_\_\_\_\_

List any formal scout training you have undergone (include dates):

\_\_\_\_\_  
\_\_\_\_\_

## Camping Record

List any long term camps you have attended (include dates):

\_\_\_\_\_  
\_\_\_\_\_

List any high adventure camps you have attended (include dates):

\_\_\_\_\_  
\_\_\_\_\_

## Miscellaneous

List any hobbies, sports or extra curricular activities:

\_\_\_\_\_  
\_\_\_\_\_

If there are any scouts planning to go to Philmont that you would like to be in the same crew with, list them below:

\_\_\_\_\_  
\_\_\_\_\_

**SCOUT NAME:** \_\_\_\_\_

Information for the 1st Shakedown Hike:

Do you own or can you borrow for the 1st Shakedown Hike, any of the following backpacking items:  
(Answer "yes" or "no")

1. A two-man tent \_\_\_\_\_
2. Cooking Utensils \_\_\_\_\_
3. A Dining Fly with Poles \_\_\_\_\_
4. A Backpacking Stove \_\_\_\_\_
5. Collapsible Water Containers \_\_\_\_\_
6. Cooking Pots \_\_\_\_\_